



RSE

Year group: 1

Term: Autumn

Safe relationships

Recognising privacy; staying safe; seeking permission



Prior knowledge

- Build constructive and respectful relationships.
- Form positive attachments to adults and friendships with peers.
- Show sensitivity to their own and to others' needs.

National Curriculum Objectives

By the end of primary school:

Pupils should know

- about the concept of privacy and the implications of it for both children and adults; including that it is not always right to keep secrets if they relate to being safe.
- the importance of permission-seeking and giving in relationships with friends, peers and adults.
- how to recognise if family relationships are making them feel unhappy or unsafe, and how to seek help or advice from others if needed.



Topic overview

Stay safe and know who to trust...

Remember keep your privates private!

By the end of this unit, I will be able to:

- about situations when someone's body or feelings might be hurt and whom to go to for help
- about what it means to keep something private, including parts of the body that are private
- to identify different types of touch and how they make people feel (e.g. hugs, tickling, kisses and punches)
- how to respond if being touched makes them feel uncomfortable or unsafe
- when it is important to ask for permission to touch others
- how to ask for and give/not give permission



Key vocabulary

Friends, teachers, parents, sibling, grandparents, relatives, families, feelings, help, private, uncomfortable, safe, unsafe, permission, behaviour, school, kind, feelings, respect, polite, rules, sharing